

## LB Sedlacek

### Tie and Go

Bending down to tie  
my daughter's shoes  
I lean over and  
take care to  
make a double loop  
examining the color  
a bright neon orange  
and ask if  
these brand new shoes  
work, feel better  
than the old ones  
and I get  
an enthusiastic affirmative nod  
that is grounding  
the simple act of  
tying a shoe  
melts away troubles of  
unemployment, accidents, and  
death erasing all as  
if they never  
existed and all that  
remains is us and  
the new shoes.

**LB Sedlacek** has had poems and stories published in a variety of journals and zines. Some of her poetry books are *The Poet Next Door*, *Words and Bones*, *Swim*, *The Architect of French Fries*, and *Happy Little Clouds*. Her prose story "Backwards Wink" recently won First Place for Prose from *Branches* literary magazine. She served as a Poetry Editor for *ESC! Magazine* and published the free resource for poets, *The Poetry Market Ezine*, for 20 years. In her free time, LB likes to swim, read and attempts to play the ukulele.